

Commonwealth Manual Handling Course 1 day Training Course

This one day course is designed for health and safety representatives, supervisors and managers, employees and anyone responsible for implementing manual handling systems.

Learning outcomes

At the end of this course participants will be able to:

- identify legislative responsibilities with regard to manual handling
- identify manual handling hazards including both the immediate and long term effects on the human body
- assess risks to employees of manual handling issues
- recommend or implement control measures to prevent manual handling problems.

The full day includes an information session with some group work, individual assessment of a relevant manual handling issue, working in small groups to develop control measures and presenting these back to the main group. The course concludes with feedback and a debrief.

About the trainers

All Shared Advantage Ltd trainers have completed Certificate IV in Training and Assessment and Certificate IV in Workplace Safety or equivalent, as a minimum. The trainers have experience in health and safety training, the principles of adult learning and are sensitive to cultural and literacy needs.

Training materials and methods

The course is delivered using a combination of mini-lectures, group work, guest speakers, videos, and other resources.

Extensive interactive training methods are utilised such as questions, group discussion, case studies and, if appropriate, workplace visits.

About Shared Advantage

Shared Advantage Ltd has been providing WHS training for over ten years, including Comcare accredited five day training for Health and Safety Representatives.

**This course is not run on a regular basis.
To arrange a course for your organisation:**

Phone **1300 137 006**

Fax **02-9212 6212**

Email **whstraining@sharedadvantage.com.au**

